

California Department of Social Services (CDSS)
Title IV-E California Well-Being Project



All County Plans for the Title IV-E Child Well-Being Project are expected to comply with the following requirements.

1. The County Plan, with original signatures from the Child Welfare Director and the Chief Probation Officer, must be submitted to CDSS at:
California Department of Social Services
Integrated Services Unit
744 P Street, MS 8-11-86
Sacramento, CA 95814
2. The County Plan submissions must be received by 5:00 p.m. on **August 15, 2014**. An electronic copy of the County Plan should be sent to IV-EWaiver@dss.ca.gov. The County Plan with original signatures by the Child Welfare Director and the Chief Probation Officer must be received by CDSS within seven days of the electronic copy submission date. Faxes will **not** be accepted.
3. The County Plan must be an integrated plan with information and data for both Social Services and Probation Departments.
4. The County Plan should describe the project-wide interventions (SOP and Wraparound) as well as any optional county specific targeted interventions. Each county may identify up to two child welfare and up to two probation interventions.
5. The County Plan may be amended during the project period via submittal of the County Plan Amendment Form. Amendment forms may be requested at IV-EWaiver@dss.ca.gov.
6. The County Plan should not exceed 25 pages excluding the budget.

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Title IV-E California Well-Being Project

Title IV-E California Well-Being Project Signature Sheet County Submittal	
County Name	Sacramento
County Child Welfare Agency Director	
Name	Michelle Callejas
Signature*	
Phone Number	(916) 875-0123
Mailing Address	P.O.Box 269057, Sacramento, CA 95826-9057
County Chief Probation Officer	
Name	Lee Seale
Signature*	
Phone Number	(916) 875-0312
Mailing Address	9750 Business Park Drive, Sacramento, CA 95827
Mail the original Signature Sheet to: California Department of Social Services Integrated Services Unit 744 P Street, MS 8-11-86 Sacramento, CA 95814	
*Signatures must be in blue ink.	

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Contact Information*		
Child Welfare Agency		
Program	Name	Michelle Callejas
	Agency	Child Protective Services
	Phone and Email	(916) 875-0123, CallejasM@saccounty.net
	Mailing Address	3331 Power Inn Rd. Suite 450 Sacramento, CA 95823
Evaluation	Name	Verronda Moore
	Agency	Child Protective Services
	Phone and Email	(916) 874-5080 MooreV@saccounty.net
	Mailing Address	925 Del Paso Blvd., Suite 500 Sacramento, CA 95815
Fiscal	Name	Luis Villa
	Agency	Department of Health and Human Services
	Phone and Email	(916) 875-0831 Villalx@saccounty.net
	Mailing Address	7001-A East Parkway Sacramento, CA 95826
Probation Agency		
Program	Name	Brian Lee
	Agency	Probation
	Phone and Email	(916) 876-9555 LeeB@saccounty.net
	Mailing Address	4000 Branch Center Rd. Sacramento, CA 95827
Evaluation	Name	Amber Correa
	Agency	Probation
	Phone and Email	(916) 876-8730 CorreaA@saccounty.net
	Mailing Address	9750 Business Park Drive, Suite 230 Sacramento, CA 95827
	Name	Annie Granucci

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Fiscal	Agency	Probation
	Phone and Email	(916) 875-0313 GranucciA@saccounty.net
	Mailing Address	9750 Business Park Drive, Suite 220 Sacramento, CA 95827
*The Program and Evaluation Contact may be the same.		

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Date: 6/30/2015

County: Sacramento County

TITLE IV-E CALIFORNIA WELL-BEING PROJECT PLAN

COUNTY PROFILE

Since this document is an addendum, please refer to the county profile submitted with the original Sacramento County Project Plan.

OTHER KEY INITIATIVES AND PILOT DEMONSTRATIONS

Since this document is an addendum, please refer to the original Sacramento County Project Plan for other key initiatives and pilot demonstrations.

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SAFETY ORGANIZED PRACTICE (SOP) / CORE PRACTICE MODEL (CPM) (CHILD WELFARE)

Specific elements of this model include engagement, assessment, behaviorally based case planning, transition and monitoring/adapting.

Key Practice Components

Elements of the Model (Tools)	Engagement	Assessment	Service Planning and Implementation	Monitoring and Adapting	Transition
Motivational Interviewing	X	X		X	X
Solution-Focused Interviewing/Practice	X	X	X	X	X
Cultural Humility	X	X	X	X	X
Appreciative Inquiry	X	X	X	X	X
Trauma-Informed Practice	X	X	X	X	X
Structured Decision Making		X	X		X
Family/Child Teams and Networks of Support	X	X	X	X	X
Strategies for engaging children, capturing the children's voice and perspective in decision-making	X	X	X	X	X
Safety Mapping/Information and Consultation Framework	X	X	X	X	X
Partnership-Based Collaborative Practice			X	X	X
Effective safety planning at foster care entry and exit		X	X		X
Case Teaming	X	X	X	X	X

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WRAPAROUND (PROBATION)

Wraparound is a family-centered, strengths-based, needs-driven planning process for creating individualized services and supports for the youth and family. Specific elements of the Wraparound model will include teaming, engagement, individualized strength based case planning, and transitions.

Key Practice Components

Phase	Description
Phase 1 Engagement and Team Preparation	During this phase, the groundwork for trust and shared vision among the family and wraparound team members is established, so people are prepared to come to meetings and collaborate. During this phase, the tone is set for teamwork and team interactions that are consistent with the wraparound principles, particularly through the initial conversations about strengths, needs, and culture. In addition, this phase provides an opportunity to begin to shift the family's orientation to one in which they understand they are an integral part of the process and their preferences are prioritized. The activities of this phase should be completed relatively quickly (within 1-2 weeks if possible), so that the team can begin meeting and establish ownership of the process as quickly as possible.
Phase 2 Initial Plan Development	During this phase, team trust and mutual respect are built while the team creates an initial plan of care using a high-quality planning process that reflects the wraparound principles. In particular, youth and family should feel, during this phase, that they are heard, that the needs chosen are ones they want to work on, and that the options chosen have a reasonable chance of helping them meet these needs. This phase should be completed during one or two meetings that take place within 1-2 weeks, a rapid time frame intended to promote team cohesion and shared responsibility toward achieving the team's mission or overarching goal.
Phase 3 Implementation	During this phase, the initial wraparound plan is implemented, progress and successes are continually reviewed, and changes are made to the plan and then implemented, all while maintaining or building team cohesiveness and mutual respect. The activities of this phase are repeated until the team's mission is achieved and formal wraparound is no longer needed.
Phase 4 Transition	During this phase, plans are made for a purposeful transition out of formal wraparound to a mix of formal and natural supports in the community (and, if appropriate, to services and supports in the adult system). The focus on transition is continual during the wraparound process, and the preparation for transition is apparent even during the initial engagement activities.

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INTERVENTIONS

Using the provided Interventions template, each department is to give a detailed description of the project-wide intervention as well as up to two child welfare and up to two probation optional county specific targeted interventions.

CHILD WELFARE

INTERVENTION #1	
SAFETY ORGANIZED PRACTICE (SOP) / CORE PRACTICE MODEL (CPM) Is SOP / CPM a System Improvement Plan (SIP) Strategy? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	
The following project goals will be targeted by the intervention above: <ul style="list-style-type: none"> Improve the array of services and supports available to children, youth and families involved in the child welfare and juvenile probation systems Engage families through a more individualized casework approach that emphasizes family involvement Increase child safety without an over-reliance on out-of-home care Improve permanency outcomes and timelines Improve child and family well-being To decrease recidivism and delinquency for youth on probation 	
5 Year Plan	
Target Population	Please refer to Sacramento County's original County Project Plan
Geographic Area	Please refer to Sacramento County's original County Project Plan
Expected short and long term outcomes	Please refer to Sacramento County's original County Project Plan
Services to be contracted out with the purpose/need for the contracted services and contracting timelines	Please refer to Sacramento County's original County Project Plan
Projected Number of Children and Families to be Served	
Plan Year 1	Please refer to Sacramento County's original County Project Plan
Plan Year 2	Please refer to Sacramento County's original County Project Plan
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Plan Year 4	Please refer to Sacramento County's original County Project Plan
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Rollout/Implementation Activities and Timeframes	
Plan Year 1	Please refer to Sacramento County's original County Project Plan
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Plan Year 4	Please refer to Sacramento County's original County Project Plan

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Plan Year 5	Please refer to Sacramento County's original County Project Plan
Evaluation	
What tool will you be utilizing to track this measure?	Please refer to Sacramento County's original County Project Plan
Will you be able to provide case level data?	<input type="checkbox"/> Yes <input type="checkbox"/> No

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CHILD WELFARE

OPTIONAL INTERVENTION #2	
INTERVENTION: Family Finding and Kinship Support (This intervention is being implemented as described in Sacramento County's original County Plan.) Is this Intervention a System Improvement Plan (SIP) Strategy? <input type="checkbox"/> Yes <input type="checkbox"/> No	
The following project goal (s) will be targeted by the intervention above: <ul style="list-style-type: none"> <input type="checkbox"/> Improve the array of services and supports available to children, youth and families involved in the child welfare and juvenile probation systems <input type="checkbox"/> Engage families through a more individualized casework approach that emphasizes family involvement <input type="checkbox"/> Increase child safety without an over-reliance on out-of-home care <input type="checkbox"/> Improve permanency outcomes and timelines <input type="checkbox"/> Improve child and family well-being <input type="checkbox"/> To decrease recidivism and delinquency for youth on probation 	
5 Year Plan	
Target Population	Please refer to Sacramento County's original County Project Plan
Geographic Area	Please refer to Sacramento County's original County Project Plan
Expected short and long term outcomes	Please refer to Sacramento County's original County Project Plan
How does this intervention align with the project goal?	Please refer to Sacramento County's original County Project Plan
Services to be contracted out with the purpose/need for the contracted services and contracting timelines	Please refer to Sacramento County's original County Project Plan
Projected Number of Children and Families to be Served	
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Plan Year 5	Please refer to Sacramento County's original County Project Plan
Evaluation	
What tool will you be utilizing to track this measure?	Please refer to Sacramento County's original County Project Plan
Will you be able to provide case level data?	<input type="checkbox"/> Yes <input type="checkbox"/> No

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CHILD WELFARE

OPTIONAL INTERVENTION #3	
INTERVENTION: Prevention Initiative Is this Intervention a System Improvement Plan (SIP) Strategy? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	
The following project goal (s) will be targeted by the intervention above: <div style="margin-left: 20px;"> <input checked="" type="checkbox"/> Improve the array of services and supports available to children, youth and families involved in the child welfare and juvenile probation systems <input type="checkbox"/> Engage families through a more individualized casework approach that emphasizes family involvement <input checked="" type="checkbox"/> Increase child safety without an over-reliance on out-of-home care <input type="checkbox"/> Improve permanency outcomes and timelines <input checked="" type="checkbox"/> Improve child and family well-being <input type="checkbox"/> To decrease recidivism and delinquency for youth on probation </div>	
5 Year Plan	
Target Population	Families (biological, foster, adoptive and related caregivers) with children ages 6 and older.
Geographic Area	Sacramento County
Expected short and long term outcomes	a) 90% of parents will improve their parenting knowledge and skills; b) 90% of parents with a history of CPS referrals will have no new referrals for child abuse or neglect; c) 90% of parents with no history of CPS referrals will have no new referrals for child abuse or neglect; d) children are safe and healthy in their homes; e) parents are nurturing and self-sufficient
How does this intervention align with the project goal?	This intervention is aimed at increasing child safety without over reliance in out-of-home care and will decrease entries and re-entries into foster care
Services to be contracted out with the purpose/need for the contracted services and contracting timelines	CPS is contracting with the Child Abuse Prevention in order to provide the following services to families (including biological, foster, adoptive and related caregivers) with youth ages 6 and older: 1. Effective Parenting Education (Nurturing Parenting Program); 2. Crisis Intervention Services; 3. Differential Response Services; 4. Health Promotion; and 5. Information and Referral Resource Specialist. These services will be provided via the Birth & Beyond Family Resource Centers (FRCs). This contract is effective as of the second half of FY 14-15 (1/1/15 thru 6/30/15) and will be renewed for subsequent fiscal years based upon performance levels.
Projected Number of Children and Families to be Served	
Plan Year 1	(1/1/15 thru 6/30/15): 234 families referred will be contacted to

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	provide resources and linkages to community resources; FRCs will receive 495 unduplicated referrals (families) to parenting education workshops and other support services; 135 unduplicated parents will participate in Parenting Education Workshops; 135 pre-post assessments completed; 495 youth will participate in youth activities offered by FRCs; 108 unduplicated parents will be served by FRC home visitors; Home visitors will make 1,080 total home visits; 18 unduplicated families will receive joint visits with CPS social workers; 36 unduplicated families referred for aftercare services will be contacted; 90 unduplicated children will be provided referrals, age appropriate learning activities and school support. A comprehensive list of deliverables has been included in the contract with provider.
Plan Year 2	(7/1/15 thru 6/30/16): 360 families referred will be contacted to provide resources and linkages to community resources; FRCs will receive 900 unduplicated referrals (families) to parenting education workshops and other support services; 450 unduplicated parents will participate in Parenting Education Workshops; 360 unduplicated pre-assessments and 270 unduplicated post-assessments completed; 900 duplicated youth will participate in youth activities offered by FRCs; 108 unduplicated parents will be served by FRC home visitors; Home visitors will make 3,960 total home visits; 45 unduplicated families will receive joint visits with CPS social workers; 72 unduplicated families referred for aftercare services will be contacted; 180 unduplicated children will be provided referrals, age appropriate learning activities and school support. A comprehensive list of deliverables has been included in the contract with provider.
Plan Year 3	(7/1/16 thru 6/30/17): 360 families referred will be contacted to provide resources and linkages to community resources; FRCs will receive 900 unduplicated referrals (families) to parenting education workshops and other support services; 450 unduplicated parents will participate in Parenting Education Workshops; 360 unduplicated pre-assessments and 270 unduplicated post-assessments completed; 900 duplicated youth will participate in youth activities offered by FRCs; 108 unduplicated parents will be served by FRC home visitors; Home visitors will make 3,960 total home visits; 45 unduplicated families will receive joint visits with CPS social workers; 72 unduplicated families referred for aftercare services will be contacted; 180 unduplicated children will be provided referrals, age appropriate learning activities and

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	school support. A comprehensive list of deliverables has been included in the contract with provider.
Plan Year 4	(7/1/17 thru 6/30/18): 360 families referred will be contacted to provide resources and linkages to community resources; FRCs will receive 900 unduplicated referrals (families) to parenting education workshops and other support services; 450 unduplicated parents will participate in Parenting Education Workshops; 360 unduplicated pre-assessments and 270 unduplicated post-assessments completed; 900 duplicated youth will participate in youth activities offered by FRCs; 108 unduplicated parents will be served by FRC home visitors; Home visitors will make 3,960 total home visits; 45 unduplicated families will receive joint visits with CPS social workers; 72 unduplicated families referred for aftercare services will be contacted; 180 unduplicated children will be provided referrals, age appropriate learning activities and school support. A comprehensive list of deliverables has been included in the contract with provider.
Plan Year 5	(7/1/18 thru 6/30/19): 360 families referred will be contacted to provide resources and linkages to community resources; FRCs will receive 900 unduplicated referrals (families) to parenting education workshops and other support services; 450 unduplicated parents will participate in Parenting Education Workshops; 360 unduplicated pre-assessments and 270 unduplicated post-assessments completed; 900 duplicated youth will participate in youth activities offered by FRCs; 108 unduplicated parents will be served by FRC home visitors; Home visitors will make 3,960 total home visits; 45 unduplicated families will receive joint visits with CPS social workers; 72 unduplicated families referred for aftercare services will be contacted; 180 unduplicated children will be provided referrals, age appropriate learning activities and school support. A comprehensive list of deliverables has been included in the contract with provider.
Rollout/Implementation Activities and Timeframes	
Plan Year 1	(1/1/15 – 6/30/15) Contractor shall provide initial program development and planning intended to being provision of services as follows: hire and train staff; execute and provide oversight of subcontracts with six community-based organizations operating nine Family Resource Centers (FRCs) to provide the minimum service requirements; development of an evaluation design to track outcomes; and development of a targeted outreach plan to engage the target population into services available with a goal of promoting permanency, well-

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	being and safe and stable families. Minimum service requirements include but are not limited to: 150 FRC staff and AmeriCorps members will be trained on the Nurturing Parenting Program school-age curriculum; 27 new FRC staff and AmeriCorps members will be trained on all required training; 18 parent leaders will be trained on the Nurturing Parenting Program school-age curriculum. A comprehensive list of minimum service requirements is included in the contract.
Plan Year 2	(7/1/15-6/30/16) Contractor shall ensure model fidelity through the development of standardized policies and procedures, monitor fiscal and programmatic compliance, and provide required training, quality assurance, technical assistance, and overall program evaluation for the services to be provided. Effective Parenting Workshops and Home Visitation will be provided to parents of children 6-11 years of age. Crisis Intervention Services will be provided to families with children 6 years of age and older including but not limited to pre-service family assessments; case management; linkages with community supports and resources; stress-reducing activities and education for families; and post-service assessments. Differential response services will be provided including Joint Visits with CPS staff to families with children 6 years of age and older; initial assessments and provision of Home Visitation Services. Health Promotion Services will include but be not limited to assistance to families with children 6 years of age and older with obtaining health insurance and a medical home (primary care physician); health education to promote regular preventive medical and dental appointments for children.
Plan Year 3	(7/1/16 – 6/30/17) Contractor shall continue to ensure model fidelity through quality assurance, technical assistance, and overall program evaluation for the services to be provided. Service provision will continue as follows: Effective Parenting Workshops and Home Visitation will be provided to parents of children 6-11 years of age. Crisis Intervention Services will be provided to families with children 6 years of age and older including but not limited to pre-service family assessments; case management; linkages with community supports and resources; stress-reducing activities and education for families; and post-service assessments. Differential response services will be provided including Joint Visits with CPS staff to families with children 6 years of age and older; initial assessments and provision of Home Visitation Services. Health Promotion Services will include but be not limited to assistance to families with children 6 years of age and older with obtaining health insurance and a medical home (primary care physician); health education to promote regular preventive medical and dental appointments for children.
Plan Year 4	(7/1/17 – 6/30/18) Contractor shall continue to ensure model fidelity through quality assurance, technical assistance, and overall program evaluation for the services to be provided. Service provision will continue as follows: Effective Parenting Workshops and Home Visitation will be provided to parents of children 6-11 years of age. Crisis Intervention Services will be provided to families with children 6 years of age and older

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Plan Year 5	(7/1/18 – 6/30/19) Contractor shall continue to ensure model fidelity through quality assurance, technical assistance, and overall program evaluation for the services to be provided. Service provision will continue as follows: Effective Parenting Workshops and Home Visitation will be provided to parents of children 6-11 years of age. Crisis Intervention Services will be provided to families with children 6 years of age and older including but not limited to pre-service family assessments; case management; linkages with community supports and resources; stress-reducing activities and education for families; and post-service assessments. Differential response services will be provided including Joint Visits with CPS staff to families with children 6 years of age and older; initial assessments and provision of Home Visitation Services. Health Promotion Services will include but be not limited to assistance to families with children 6 years of age and older with obtaining health insurance and a medical home (primary care physician); health education to promote regular preventive medical and dental appointments for children.
Evaluation	
What tool will you be utilizing to track this measure?	Adult Adolescent Parenting Inventory (AAPI) will be used to track outcomes. External evaluator will maintain Access Database for data. The outcomes will be merged quarterly with the Access Data base
Will you be able to provide case level data?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No

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INTERVENTIONS

Using the provided Interventions template, each department is to give a detailed description of the project-wide intervention as well as up to two child welfare and up to two probation optional county specific targeted interventions.

PROBATION

INTERVENTION #1	
WRAPAROUND Is Wraparound a System Improvement Plan (SIP) Strategy? <input type="checkbox"/> Yes <input type="checkbox"/> No	
The following project goals will be targeted by the intervention above: <ul style="list-style-type: none"> Improve the array of services and supports available to children, youth and families involved in the child welfare and juvenile probation systems Engage families through a more individualized casework approach that emphasizes family involvement Increase child safety without an over-reliance on out-of-home care Improve permanency outcomes and timelines Improve child and family well-being To decrease recidivism and delinquency for youth on probation 	
5 Year Plan	
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What tool will you be utilizing to track this measure?	Please refer to Sacramento County's original County Project Plan
Will you be able to provide case level data?	<input type="checkbox"/> Yes <input type="checkbox"/> No

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PROBATION

OPTIONAL INTERVENTION #2	
INTERVENTION: Please refer to Sacramento County's original County Project Plan Is this Intervention a System Improvement Plan (SIP) Strategy? <input type="checkbox"/> Yes <input type="checkbox"/> No	
The following project goal (s) will be targeted by the intervention above: <div style="margin-left: 20px;"> <input type="checkbox"/> Improve the array of services and supports available to children, youth and families involved in the child welfare and juvenile probation systems <input type="checkbox"/> Engage families through a more individualized casework approach that emphasizes family involvement <input type="checkbox"/> Increase child safety without an over-reliance on out-of-home care <input type="checkbox"/> Improve permanency outcomes and timelines <input type="checkbox"/> Improve child and family well-being <input type="checkbox"/> To decrease recidivism and delinquency for youth on probation </div>	
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Evaluation	

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What tool will you be utilizing to track this measure?	Please refer to Sacramento County's original County Project Plan
Will you be able to provide case level data?	<input type="checkbox"/> Yes <input type="checkbox"/> No

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PROBATION

OPTIONAL INTERVENTION #3	
INTERVENTION: Please refer to Sacramento County's original County Project Plan Is this Intervention a System Improvement Plan (SIP) Strategy? <input type="checkbox"/> Yes <input type="checkbox"/> No	
The following project goal (s) will be targeted by the intervention above: <ul style="list-style-type: none"> <input type="checkbox"/> Improve the array of services and supports available to children, youth and families involved in the child welfare and juvenile probation systems <input type="checkbox"/> Engage families through a more individualized casework approach that emphasizes family involvement <input type="checkbox"/> Increase child safety without an over-reliance on out-of-home care <input type="checkbox"/> Improve permanency outcomes and timelines <input type="checkbox"/> Improve child and family well-being <input type="checkbox"/> To decrease recidivism and delinquency for youth on probation 	
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Evaluation	

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What tool will you be utilizing to track this measure?	Please refer to Sacramento County's original County Project Plan
Will you be able to provide case level data?	<input type="checkbox"/> Yes <input type="checkbox"/> No

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PLANNING PROCESS AND COMMUNITY SUPPORT

Please refer to Sacramento County's original County Project Plan

SYSTEM CAPACITY DEVELOPMENT

Please refer to Sacramento County's original County Project Plan

BUDGET

Please refer to Sacramento County's original County Project Plan

PROJECT PHASE DOWN

Please refer to Sacramento County's original County Project Plan